

## Namphueng “Poo” McKay

Phone: 651-347-7529

Email: [poo@sabai-hw.com](mailto:poo@sabai-hw.com)

### Experience

**McKay Ventures LLC/Sabai Sabai Health & Wellness, Tucson AZ** (March 2020 - Current)

#### **Owner/Massage Therapist**

- *Performs Deep Tissue, Traditional Thai, Thai Oil, Thai Foot, Bali Style, Swedish, Sports, Shiatsu, Specializes in combining these modalities to meet the client’s needs.*
- *Aspiring to bring the best quality massages to South Tucson*

**TD Support Services, Ramstein Air Base, Germany** (September 2016 – July 2019)

#### **Massage Therapist**

- *Performed Traditional Thai, Thai Oil, Thai Foot, Deep Tissue, Bali Style, Swedish, Sports, Gausha, Thai Herbal Compress, Thai Balancing Blood Circulation and Lymphatic massages. Specialize in combining these methods to meet the client’s needs.*
- *Largest clientele base of all therapists, lauded by many customers, staff, and company owner.*

**Fortis Vitae, Ramstein Air Base, Germany** (June 2014 – August 2016)

#### **Massage Therapist**

- *Performed Traditional Thai, Thai Oil, Thai Foot, Bali Style, Swedish, Sports, and Lymphatic massages.*
- *Awarded “Massage Therapist of the Year” 2015*
- *Significant contribution to customer base with many newly available massages to the community.*

**HealthFit 24, Ramstein Air Base, Germany** (September 2013 – May 2014)

#### **Massage Therapist**

- *Performed Traditional Thai, Oil, and Thai Foot massages.*
- *Introduced Thai Massages to Ramstein Air Base personnel, key to growing customer base.*

**Sabai Sabai Thai Massage, Yokota Air Base, Japan** (April 2011 – Aug 2013)

#### **Owner / Massage Therapist**

- *Started new Thai Massage business--managed business, including marketing and financials.*
- *Performed Traditional Thai, Thai Oil, and Thai Foot massages, with a focus on customer service and satisfaction.*
- *Achieved profitability within first month, schedule booked one month out, 75% repeat customers.*

### Education

**March 2020 - Arizona School of Integrative Studies, Tucson Arizona**

**April 2015 - The Union of Thai Traditional Medicine Society, Bangkok Thailand**

- *Swedish Massage, Sport Massage, Bali Style Massage, and Balancing Blood Circulation and Lymphatic System Certifications*

**February 2014 - Watpo Thai Traditional Medical and Ayuravate Assoc., Bangkok Thailand**

- *Advanced Thai Medical Massage Therapy Certification*

**February 2011 - Chetawan Traditional Thai Massage School, Bangkok Thailand**

- *Foot massage Certification*

**October 2010 - Chetawan Traditional Thai Massage School, Bangkok Thailand**

- *Traditional Thai Massage, Oil Massage, and Aromatherapy Certification*

### Languages

*Thai – Native*

*English – Speak, read, and write, with basic competence.*